



**By the end of the lesson, the student will be able to:**

\* tell the importance of eating healthy snacks and give examples of those.



## Dialogue

Son: Dad!

Father: Yeah?.

Son: Can I have a **snack**?

Father: What time is it?

Son: Uh, it's three thirty.

Father: Well, what kind of snack do you want?

Son: **Candy**?

Father: No. Oh, how about some **broccoli**?

Son: Candy.

Father: Candy. No, I don't think so.

Son: A sandwich? A **spinach** sandwich?

Father: Spinach sandwich! When did you start liking spinach?

Son: Uh, today.

Father: Well, okay. Play with your **toys** while waiting for it.



## Vocabulary



**candies**



**broccoli**



**spinach**

## Let's Talk



1. What is a good snack?
2. What's the importance of a healthy snack?
3. What kind of snack do you like the most? Why?
4. Do you think eating snacks is good for your health? Why or why not?
5. How many times do you eat a day?