



**At the end of the lesson, the student will be able to:**

- \*to recognize the signs of a mid-life crisis before it actually becomes a crisis.
- \*identify the transition period between self-identity & self-confidence in middle-aged people.



**Read:**

After working hard for 20 years, I have attained significant success in my field. Part of the reason was my husband's belief in my potential and his constant encouragement. Over the years, we celebrated my many promotions.

But recently, my husband filed for divorce. My friends called it "a classic mid-life crisis." (He just turned 40.) However, I believe the real reason for the divorce is my success. Pop psychology "experts" have offered many glib explanations, but nothing can alleviate the pain I feel. I worked hard, became successful and lost the man I love. Now I'm wondering if this is exclusively a male thing. I've never known a woman who divorced her husband because he became successful.

What do you think about this? Should I have seen it coming and slowed down? I love my career, but I also love him. Success is cold comfort in an empty bed.



## Comprehension

1. What does 'many promotions' mean?
2. How do experts explain 'Pop psychology'?
3. How long did it take her before she succeeded in her field?
4. Why does she think her husband filed for divorce?
5. How did her husband help her gain success?
6. What does success mean to you?



## Let's Talk!

1. What do you think makes a marriage successful?
2. Do you think it's worth sacrificing someone's marriage for their career? Why do many people do that?
3. Would you choose love over career? Or career over love?