



**At the end of the lesson, the student will be able to:**

\* talk about the hardships someone experiences in losing someone and give ideas on how to cope with such a situation.



### **Read the Passage**

One of the hardest things in life is losing someone. It is hard to forget someone whom you spend your life for so many years and share wonderful memories together. When we lose someone, we feel an empty space in our hearts. We miss the good times and the bad times together. The painful thing is you won't see the person the rest of your life. The next thing that a person has to consider is how to cope with the longingness. I think it is important to remember that when we lose someone close to us, we still have the good memories together. The person is still with us in that way.



### Conversation openers when hearing a bad news:

1. Sorry to hear that.
2. That's so sad. Don't worry things would be better soon.
3. Oh, that's bad. Accept my sympathy.
4. I'm sorry. Could I extend any help?

### Respond to the ideas:



1. It is said that "You share so many years of your life with someone, and when they're gone there's a big hole that no one can fill up." How do you think you could try to fill that hole?
2. When we lose someone there is loneliness. How could we ease this loneliness?
3. What could you do to help someone deal with the loss of a family member?